

**FILIPPOS S. GIANNOULIS, MD, Ph.D.**

*CURRICULUM VITAE*

## GENERAL INFORMATION

**Born:** Athens, Greece, December 4th, 1969.

**Marital status:** Married with 2 children.

**Nationality:** Greek.

## **MEDICAL EDUCATION**

1988-1995: University of Ioannina, School of Medicine, Greece.

## **MEDICAL LICENSURE**

**License of Medical Practice.** Athens Prefecture, Greece.

Reference number: 10765. Date: 29/9/1995.

**License of Orthopaedic Surgery Practice.** Athens Prefecture, Greece.

Reference number: 2992. Date:17/5/2005.

## **CURRENT POSITION**

I am an Orthopaedic Consultant in the Upper Extremity and Microsurgery Department at K.A.T.General Hospital in Athens, Greece.

The K.A.T Hospital in Athens is one of the biggest Trauma Hospitals all over the Country. The Upper Extremity and Microsurgery Department is the biggest and well-known Microsurgery Department, in public Hospitals, all over the Country, as well.

We take care of the entire range of trauma cases of the upper extremity, such as amputations, severe nerve, vascular, tendon, brachial plexus injuries and fractures. We also perform shoulder arthroscopies, total shoulder and elbow arthroplasties and all the over hand surgeries, such as tendon transfers, Dupuytren's contractures, trigger fingers, carpal tunnel syndrome, cubital tunnel, etc.

I also perform surgeries for trauma and congenital anomalies, of the upper extremity of children, in two of the biggest Children Hospitals in Athens.

**Voluntary work:** I am doing surgeries, for a Children Charity Organization, involving neglected children, with congenital anomalies of their hands or other problems of their upper extremities.

## **FELLOWSHIP**

**01/10/2005 – 30/09/2006:**

**Clinical Fellow**

Division of Upper Extremity and Microsurgery

Department of Orthopaedic Surgery

**Allegheny General Hospital**

**Drexel University, College of Medicine**

**Pittsburgh, Pennsylvania, U.S.A.**

## **RESIDENCY**

- 01/2000 – 02/2005:** K.A.T. General Hospital, Athens, Greece.  
First Orthopaedic Department.  
Resident in Orthopaedic Surgery.
- 02/2004 - 08/2004: Penteli General Pediatric Hospital, Athens, Greece.  
Department of Pediatric Orthopaedics.  
Pediatric Orthopaedics.
- 04/2003 -10/2003: Department of Hand Surgery and Microsurgery, K.A.T. General Hospital.  
Hand Surgery and Microsurgery.
- 10/2002 - 03/2003: Department of Pediatric Orthopaedics, K.A.T. General Hospital.  
Pediatric Orthopaedics
- 03/2002 - 09/2002: Department of Sports Medicine, K.A.T. General Hospital.  
Sports Medicine.
- 11/1998 - 11/1999:** “P.and A. Kyriakou” General Pediatric Hospital, Athens.  
Second Pediatric Surgery Department.  
Resident in General Surgery.

## **INTERNSHIP**

### **Community Medical Service**

- 07/1997 – 09/1998: General Hospital of Nafplion – Health Center of Lygourio, Nafplion, Greece.  
Provided emergency and primary health care and rotated at the emergency room and the outpatient clinic of the Surgery Department of the General Hospital of Nafplion.

## **MILITARY SERVICE**

- 11/1995 – 05/1997: 2<sup>nd</sup> Paratroops Regiment – Special Forces of the Hellenic Army. I trained as a Parachutist of the Hellenic Army and provided emergency and primary health care for the Special Forces Units.  
“Honorable Discharge”.  
I trained as a Diver of the Hellenic Navy and attended training course for Diving Medicine and Hyper-baric Oxygen Therapy.

## **MEMBERSHIPS IN MEDICAL ASSOCIATIONS**

International Member of the ASSH - American Society for Surgery of the Hand  
World Society for Reconstructive Microsurgery  
International Society of Musculoskeletal and Neuronal Interactions.  
Athens Medical Association  
Hellenic Association of Orthopaedic Surgery and Traumatology  
Hellenic Society for Surgery of the Hand  
Hellenic Society of Reconstructive Microsurgery  
Hellenic Osteoporosis Foundation

*President of the Hellenic Society for Surgery of the Hand for 2021*  
(elected for this position)

## **HONORS and AWARDS**

- 2005: Award of the Hellenic College of Orthopaedic and Trauma Surgeons for thorough attendance of lectures.
- 2002: “Alice L. Jee Memorial Young Investigator Travel Award”. University of Utah. Best poster presentation in the 32<sup>nd</sup> Annual International Sun Valley Hard Tissue Workshop, Sun Valley, ID, August 4-8, 2002.
- 1997: Special Forces of the Hellenic Army: Honorable Discharge.
- 1982-1987: Hellenic Ministry of Education: Award for Academic Excellence.

## **DOCTORATE THESIS**

- Subject: Validation of the Quality of Life Questionnaire-Greek translation, for post-menopausal women with a recent distal forearm fracture.  
Supervisor: G.P.Lyritis, Professor of Orthopaedic Surgery, University of Athens. Director of Laboratory for the Research for the Musculoskeletal System.  
Summary of protocol: Distal forearm fracture causes pain and decreased physical function and has an impact on social and emotional function. The International Osteoporosis Foundation has developed a specific questionnaire for patients with distal radius fracture. This Quality of Life Questionnaire-Greek translation, was validated. The study was carried out on post-menopausal women with a recent distal forearm fracture. The questionnaire was administered at 6 weeks, 3 months, 6 months and 1 year after the fracture. Test-retest reproducibility, internal consistency and sensitivity to change, were addressed.

The Ph.D, was *awarded with distinction* on May 4, 2014.

## **CLINICAL STUDIES**

**Study title:** Double-Blind Study for the action of salmon Calcitonin in the prevention of post fracture bone loss, the enhancement of internal anatomy and mechanical properties, functional outcome and the quality of life of post-menopausal women with a recent unilateral fracture of the peripheral forearm.

Role: Investigator.

This study is performed in 2 centers in KAT General Hospital, Athens, Greece, from 1/2002 to 3/2003.

The primary objectives of the study are to show that early post-fracture treatment with nasal salmon calcitonin for 3 months:

- a. Has a protective effect on forearm bone density, internal anatomy and biomechanical properties in post-menopausal women with unilateral fracture of the distal forearm.
- b. Improves the functional outcome of the fractured limb.
- c. Has a beneficial effect on the quality of life of these patients.

**Study title:** A 6-months, multi-center, double-blind, randomized, placebo-controlled study on the efficacy of salmon calcitonin 200 IU NS daily in improving muscle strength and reducing pain after a distal forearm fracture in elderly women 60 years of age.

Role: Investigator.

This trial is performed in 2 centers in Greece and in 30 centers in 7 European countries from 1/2003 to 11/2004.

The primary objective is to demonstrate the efficacy of salmon calcitonin 200 IU NS daily compared to placebo in elderly women  $\geq 60$  years of age, with an acute distal forearm fracture:

- a. to reduce post fracture pain intensity at rest after 2 weeks measured by using a 100 mm visual analogue scale (VAS).
- b. to improve grip strength (short maximal voluntary isometric contraction) of the injured arm after 24 weeks.

## **CONGRESSES - SEMINARS**

I have participated in 93 International, European and Hellenic Congresses and Seminars

### **SEMINARS with PRACTICAL SESSIONS**

I have participated in 46 Seminars with Practical Sessions

### **INSTRUCTOR**

I have been instructor in 34 Seminars

### **SCIENTIFIC COMMITTEE**

I have been a member of the Scientific Committee of 14 Congresses and Seminars

### **ORGANIZING COMMITTEE**

I have been a member of the Organizing Committee of 25 Congresses and Seminars

### **GUEST SPEAKER**

I have been Guest Speaker in 31 Congresses and Scientific Seminars

## **PAPER PRESENTATIONS – PUBLISHED ABSTRACTS**

109 Paper presentations – published abstracts in International, European and Hellenic Congresses.

## **BOOKS – CHAPTERS**

First Author of the following Chapters:

- “Tenosynovitis: Trigger finger, De Quervain’s Syndrome and Epicondylitis”.  
**HAND SURGERY UPDATE 4**  
Published by the:  
**ASSH - AMERICAN SOCIETY FOR SURGERY OF THE HAND**. 2007.
- “Galeazzi Fractures and Dislocations”.  
**HAND CLINICS** – 2007 May; 23(2): 153-63.  
Published by “Elsevier – Saunders”.
- “Ulnohumeral Arthroplasty – Outerbridge-Kashiwagi”.  
**OPERATIVE TECHNIQUES IN ORTHOPAEDIC SURGERY**  
Volume Three: Part 7, Section IX: Chapter 42  
Published by “Lippincott Williams and Wilkins”. 2011.

Co-Author of the following Chapters:

- “First Dorsal Extensor Compartment Release”  
**ATLAS OF ESSENTIAL ORTHOPAEDIC PROCEDURES**  
Section 3: Chapter 37  
Published by:  
**AAOS - AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**. 2013.

## **PUBLICATIONS**

- Ulnar and Radial Artery based Perforator Adipofascial Flaps.  
**ACTA ORTHOPAEDICA ET TRAUMATOLOGICA HELLENICA**. 2008 April – May – June; Volume 59, Number 2: 101-108.
- Arthroscopic Debridment and Closed Pinning for Chronic Dynamic Scapholunate Instability.  
**JOURNAL OF HAND SURGERY [American]**. 2006 March; 31(3): 418-424.
- Fixation of Chevron trochanteric osteotomy with two wire loops in isolated acetabular component revision.  
**ORTHOPEDICS**. 2004 Dec;27(12):1236-9.
- Axillary Nerve repair in 15 patients.  
**MEDIMOND – International Proceedings**. MONDUZZI Editor. 2004.
- Outcomes of 24 Upper Brachial Plexus lesions operated at Microsurgery Department of KAT Hospital-Athens.  
**MEDIMOND – International Proceedings**. MONDUZZI Editor. 2004.

## **PUBLICATIONS - TRANSACTIONS**

- A New Technique for the Thumb Carpometacarpal Joint Arthroplasty: Flexor Carpi Radialis Sparing Human Allograft.  
JOURNAL OF HAND SURGERY. (European), Jun 2007; 32-E: 4.
- A New Technique for the Treatment of Failed Darrach Procedure: An Allograft Solution.  
JOURNAL OF HAND SURGERY. (European), Jun 2007; 32-E: 66.
- Single Incision Repair With Suture Anchors for Treatment of Distal Biceps Tendon Rupture: A 59 Cases Follow-up.  
JOURNAL OF HAND SURGERY. (European), Jun 2007; 32-E: 109.
- Effect of fracture and immobilization in bone mineral density and bone mechanical parameters in postmenopausal women with distal radius fracture. Preliminary report of an ongoing prospective analysis. J.B.J.S. (Br), Sep 2004; 86-B: 295.
- Methylprednisolone's effect on post-traumatic edema in malleolar fractures.  
J.B.J.S. (Br), Sep 2004; 86-B: 241.
- The results of the Surgical Treatment of the Thoracic Outlet Syndrome.  
J.B.J.S. (Br), Jul 2004; 86-B: 188.
- Bipolar Hemiarthroplasty in subcapital femoral fractures Hastings types: Fifteen years of experience. J.B.J.S. (Br), Jul 2004; 86-B: 180.
- Fractures of the Acetabulum –Results of Treatment.  
J.B.J.S. (Br), Jul 2004; 86-B: 168.